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# Maximizing your Personal Virtual Presence

## Creating a Trustworthy Identity and Overcoming Barriers to Effective Collaboration

By MICHAEL L. WILLIAMS, PHD, MS, ALAN R. DENNIS, PHD, MBA AND C. BRAD CRISP, PHD, MBA



Drawing upon recent research, this article offers practical advice on two key elements of working in virtual settings: managing your digital profile and learning to focus at a distance. The first offers insights on how to create and reinforce a trustworthy identity with people who do not know you well. The second examines how you can overcome barriers to effective collaboration with physically distant others. Both elements attempt to overcome the challenges of being known and present to others in a digital age.

## Introduction

Effective online communication skills are essential in today's business climate. Traditional roles with long days spent in the office with colleagues are giving way to two replacement forms of work. First, traditional employees increasingly complete much of their responsibilities remotely as a part of a virtual team. Second, an increasing percentage of the workforce is skipping the "corporate life" and choosing instead to work in the gig economy, interacting with clients, customers, and colleagues remotely through a variety of online channels. We examine these two trends, and offer suggestions based on research for how both remote employees and gig-economy professionals can maximize their personal virtual presence online.

Corporate remote work—where employees work from home or from shared office facilities—is on the increase. According to Gallup's "State of the American Workplace" report, the number of employees who reported working remotely at least part time is 43 percent and growing. Even more interesting, 37 percent of respondents say they are willing to change jobs to have the ability to work where they want at least part of the time.[1] Given the positive impact of remote work on employee satisfaction and productivity, it is unlikely that this trend will reverse in the near future.[2]

This trend is well-illustrated by comparing the corporate culture at IBM today to a generation ago. In the 1970s and 1980s, IBM required frequent geographic moves for many of their upwardly mobile employees. IBM employees at the time joked that instead of International Business Machines, IBM stood for "I've Been Moved." These moves helped employees better understand the diverse global cultures and industry sectors that IBM served. However, by the early 2000s, IBM had shifted their strategy to allow more employees to work remotely and connect to clients and colleagues using a variety of technologies. IBM employees of this era joked that IBM now stood for "I'm By Myself."

A second trend that highlights the importance of establishing a robust personal presence is the shift towards "gig economy" careers. Many knowledge workers of today choose to participate in the gig economy rather than as a traditional full-time employee. Digital platforms such as Fiver, Takl, and TaskRabbit create a wide variety of work opportunities characterized by flexibility and autonomy, despite relatively lower pay, social isolation, and overwork.[3] Given the relatively low barriers to entry for the gig economy, many

entrepreneurs find these digitally-enabled gigs to be a preferable alternative source of employment compared to formally incorporating their own business or joining an established firm.[4]

Both remote employees and gig-economy entrepreneurs increasingly rely on information technologies to connect with clients, colleagues, and supervisors. There is an ever-growing list of technologies that support remote work and the gig economy from behemoths like Google (e.g., Google Docs and Hangouts) and Microsoft (e.g., Office365 and Skype) to much younger firms focused on the unique needs of this market (e.g., Zoom and Slack). Given the pace of change in collaborative technologies, we will not offer a comprehensive list or comparison of these tools, though a simple Google or Bing search will yield numerous established and emerging platforms. Our objective is to provide a few evidence-based strategies for maximizing one's personal virtual presence across multiple collaborative platforms for both traditional corporate employees who find themselves working remotely, and those who have chosen an entrepreneurial life in the gig economy.

So, how do you maximize your virtual presence, becoming known and present to others electronically? Recent research suggests some simple strategies for managing your digital profile and learning to focus at a distance.

### **Managing your digital profile**

In today's digital landscape, one's first opportunity to make a positive impression is often through a public social media platform like LinkedIn, or an enterprise social network system, such as Slack or Yammer. These platforms enable users to create a personal profile describing their work history, skills, experience, education, and interests as well as to make social connections to individuals and groups. When colleagues or potential clients are searching for a potential team member for a project, they often start by searching a social media platform for matches based on the project's needs. For example, for a web development project, they may search for "PHP" or "Java." For a more analytic project, they may search for "Tableau," "Hadoop," or simply "data analyst." The results of this initial query will be the starting place for choosing team members for the project.

Consequently, it is imperative to consistently update your profile with appropriate and recent photos, current skills, experiences, and project successes. Recent research indicates that some profile components are more important than others in establishing perceptions of credibility. For example, Cummings and Dennis found that people using an enterprise social network system preferred to work with those whose profile demonstrated they were intelligent, well-connected (structural social capital as displayed by connections to others), and trustworthy (relational social capital as demonstrated by shared interests, alma maters, and other commonalities).[5] Practical take-aways from this research for managing one's digital profile include the following.

- **Construct a thorough list of education, interests, and communities to which one belongs.** This builds a perception of trustworthiness because given the large number of possible contacts on a platform like LinkedIn, most users prefer to use simple heuristics to identify possible connections. When a searcher finds a candidate with shared interests, alma mater, or communities, they infer the candidate is more trustworthy due to their similarities.
- **Make clear, specific, and credible claims about prior experiences.** There is no objective vetting on most social platforms, so users can claim almost anything on their profile. This leads to profiles that range from empty (e.g., "Marketing and Sales Leader") to incomprehensible (e.g., "I work with companies to help drive passion and motivate change through a tireless work ethic of intensity, compassion, and results-focused quantitative analysis"). Cummings and Dennis found that the most effective profiles included both claims of skill/expertise and data that supports the claims in the form of specific projects where that skill/expertise was developed (e.g., "Experienced team leader with demonstrated results leading a team of 12 Salesforce developers focused on global sales and marketing initiatives for a Fortune 200 firm").[6] In some situations, it may even be possible to provide more direct evidence of experience by sharing work products (e.g., presentation slides, white papers, training videos, etc.).

- **Request a few character references from colleagues.** The ability of a viewer to assess a candidate's capabilities and skills largely comes from their perceptions of the well-supported claims made on one's profile. Inviting current and former colleagues to write posts or "recommendations" is unlikely to influence perceptions of one's ability. Rather, these posts are more likely to affect reviewers' perceptions of one's trustworthiness and sociability. Consequently, inviting colleagues to post about your character is likely more effective than if they comment on your technical skills and ability.
- **Prioritize skills over connections in building your profile.** Some users appear to believe that the primary measure of success on LinkedIn and enterprise social networks is the number of connections. Past a few hundred connections, more connections have no effect on preference formation, though it will lead to a larger personal network which has merit for its own sake. In other words, managers looking for a team member for a new assignment or project will focus more on specific skills and experiences than network size. While these actions have the potential of fostering perceptions of trustworthiness and helping you get selected for new work opportunities, research on initial trust formation in virtual settings shows that this type of trust tends to be fragile in nature and needs to be reinforced.[7]
- **Reinforce trust through action.** Recent research on virtual teams found evidence of a form of swift trust that enabled task-oriented regulatory behaviors (e.g., setting and monitoring goals) that, in turn, helped sustain trust.[8] In other words, no matter how many verified skills are on your profile, a failure to respond promptly, deliver work on time, and maintain commitments in the early stages of group formation will erode trust quickly. Do not be fooled into thinking a clear profile is sufficient for building a positive team. A well-developed profile will "open the door" and generate a level of swift trust with new colleagues, but it is your continued ability to produce results and maintain commitments that builds your brand power over time.

## Learn to Focus at a Distance

Working remotely, whether as a remote member of an established team, or as a freelancer who works for multiple projects and companies simultaneously is a preferred choice for many in the modern labor pool. Remote work accommodates a more balanced and flexible lifestyle, and in some settings allows for increased focus and fewer workplace distractions.

However, some may find it challenging to remain focused at a distance and may find sustaining productivity is a constant struggle.[9]

Beyond the ordinary challenges of staying focused through extended collaborations, virtual work has some unique challenges. The normal methods of virtual work including text-based communication channels (e.g., email, IM, and platforms like Slack),

voice conferences, and video (e.g., Zoom, GoToMeeting). Each of these communication tools has unique benefits and challenges. Though working remotely from the beach house is often preferred over fighting the traffic to the downtown office, it can be more difficult to stay engaged and focused on the task at hand.

Recent research offers helpful suggestions for engaging in synchronous, virtual meetings.

- **Prepare in advance of the meeting.** This advice is no different in a virtual meeting than a face-to-face meeting. Coming into a meeting without knowing the meeting's objectives as well as a clear sense of your own contribution is unhelpful at best, and potentially disrespectful of other participants. Some virtual workers, especially those who are new to virtual work seem to forget this critical point. It is well-established that groups who come together and brainstorm solutions to existing problems without first doing individual-level brainstorming are likely to develop fewer, and lower quality, solutions.[10] Before joining a conference call, be familiar with the agenda, objectives, and desired outcomes as well as any pre-work necessary for success (e.g., readings or recommendations).
- **For larger groups, allow simultaneous sharing.** The negative effects of groupwork on brainstorming are especially pronounced as group size increases beyond a handful of participants. A small group of three to four is likely to be effective at brainstorming solutions in a meeting. As group size increases the social and cognitive challenges outweigh the benefits of group creativity. In a group of five or more, a collaborative process that begins with everyone working independently via a digital whiteboard or shared document is more effective than verbal brainstorming. This approach maximizes the value of virtual work by allowing for greater cognitive stimulation and social facilitation as multiple ideas are shared simultaneously.[11]





- **Use tools that foster mindfulness.** One of the challenges of virtual work is that it can be difficult to process parallel inputs as multiple participants may be contributing simultaneously. Due to our tendency to minimize cognitive load, we may not “take in” all the information from a group chat or video call.[12] Recent research shows that relatively simple adjustments can help participants overcome this challenge. In one experiment, groups who used a digital whiteboard to sort, order, and categorize information into relevant categories were more mindful and made better decisions.[13] When faced with information overload, look for a tool that encourages team members to actively engage with the information as it is delivered.
- **Take time to think about the information being presented.** Remote workers may find it challenging to adequately process information because it is easier to multitask during a conference call than in a face-to-face meeting. Users may be tempted to read email or simply tidy the office. Researchers refer to this as “dual-task interference” because it occurs whenever an individual attempts to do two tasks at once and the performance on one task suffers due to the need to focus on the other. When engaged in remote work, users should work hard to fully-engage in the group process and avoid dual-task interference. Establishing a cultural expectation for remote workers to join via video conference, rather than merely voice calls, may decrease dual-task interference. Another way to reduce interference is to consistently assess the relevance and importance of the information being presented. In one experiment, users who were asked to evaluate the importance of information during a group task were more successful at integrating the relevant information into their decision making process, and subsequently making better decisions.[14]
- **Use the tool that fits the task and context.** Whether connecting to colleagues on a virtual team or making productive connections in the gig economy, modern knowledge workers must select technologies that are appropriate to the communication task (e.g., problem solving vs. scheduling a meeting) and the organizational context.[15]

While a synchronous meeting might be appropriate for brainstorming solution alternatives, no one wants to get up at 2:00 am to attend a virtual meeting that could have been better handled with an email. Selecting the right tools is a different challenge for freelancers as gig



economy entrepreneurs may need to learn several technology platforms to serve different clients. For both groups, it is best to be open to a variety of tools and techniques based on the unique needs of the project/team.

**Consider the forest and the trees.** Finally, recent research on construal level theory suggests that physical distance in virtual settings leads to psychological distance that changes the way you think about distant others.[16] You are likely to think more of the general, big picture characteristics of your distant collaborators or the work (i.e., the forest) rather than the more detailed, nuanced characteristics of anything near you (i.e., the trees). To counter this bias, look for opportunities to request more contextual and detailed information about distant people and projects to give yourself a more complete picture. And, use distance to your advantage as it leads you to focus on the most central aspects of the work you are doing together.

## Conclusion

In conclusion, new skills are required for both corporate remote employees, and members of the gig economy. Much of the work behaviors of both groups are mediated by technology with occasional face-to-face interaction with colleagues, clients, and supervisors. To maximize performance, it is important for both of these groups to build a positive, trustworthy, virtual presence through their digital profile, and ongoing behaviors. The suggestions above will prove to be helpful as more of the labor pool moves toward these emerging models of professional engagement.

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