

LORGNETTE

Quarterly Review of Children's and Young Adults' Books

Author

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Illustrator

Illustrated by the author

Reviewer

Carruth, Leah D

Pages

Unpaged

Price

\$17.99

ISBN

978-1-5362-2737-6

Publisher & Date

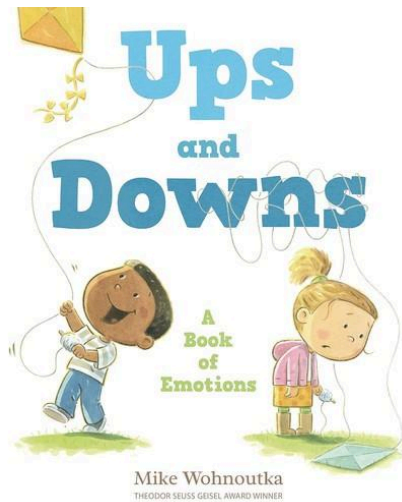
Candlewick, 2023

Classification

Fiction

Grade Level

PreK-2



Book Review: UPS AND DOWNS: A BOOK OF EMOTIONS

Four core emotions. That is all there are. That makes it amazing to realize how many emotions stem from the four main emotions. This book explains the other emotions with simple scenarios. One example is a two-page spread that shows a girl in the house with a soccer ball. She is surprised the ball goes backwards, regretful it breaks the vase, and apologetic when her mom comes to see what the noise is. It is difficult for young children to put a name to the emotions they are feeling. This book will help them do just that.

The illustrations are soft and gentle. Each emotion has its own area of the page without filling up the entire space, emphasizing the simplicity of some emotions. For example, a young boy builds a basic structure with plain wooden blocks, and he has a smile on his face to show he is pleased. He sees the boy next to him, who has built a large castle with multicolored blocks, and he is jealous. His face shows surprise with an exclamation mark above his head. Towards the end of the book, several emotions of different children are featured, drawing out the picture over two pages. No emotion is made to be more important, showing readers that all emotions are fine. It is what we do with the emotions that is important.

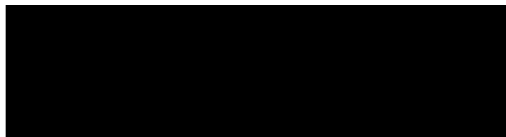


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